



## Weekly Newsletter Friday 3rd May 2024

### Message from the Headteacher

Healthy lifestyles was the theme of this week's assembly. We encourage children to do an hour or more physical activity everyday to stay fit and healthy. **Walking is good exercise** for the whole family; children may try to persuade families to walk to school instead of driving- a healthy choice! Check out the **Design a Plant Based Meal** competition below as well.

### Stars of the Week



**Hafeezah in Nursery** for being an excellent role model, always being kind to her friends and trying her best.

**Rinad Yr 5** for working hard to improve his handwriting.

### Attendance

N- 89%

R- 97%

1- 92%

2- 95%

3- 93%

4- 97%

5- 93%

6- 96%

**Well done Reception and Year 4 for achieving 97%**

### Oracy Target

This week children have been working on our oracy target:

*I can use eye contact and a still body to show actively listening.*

Please encourage children to look at the other person when communicating.

### Circle Time Theme

This week's assembly was about **Walking to school**

**The Big Questions** children to be discussed in class relate to the theme:

-If you could travel to school any way, how would you travel?

-What are the advantages of walking or cycling to school?

-What's the furthest you have walked; or highest you have climbed?

### New School Social Worker

We have a new team member, Shahnaz, starting next week. She is an experienced social worker; & will work with our families on a Tuesday morning. Please see Annika if you would like to be referred.

### Medical Appointments

Please can parents and carers provide office staff with evidence of medical appointments when taking children off site. They will be expected in school before & after their appointment.

### Parent Sessions

### Monday 6th May

School is closed for Bank Holiday

### Parent Eid Event

You are invited to a parent led Eid event on Tuesday 7th May at 2pm. It will be held in the school hall.

Please bring a food contribution and a soft drink to share. All welcome

### Special Coffee Morning

Meet Shahnaz

our new School Social Worker

**Tuesday 7th May 9:00 am**

### Building Confidence and Managing Anxiety in Your Child

Online THEWs session for Parents & Carers

**7th May 2024 : 12:30 – 13:30**

Click the link below to join the session:

[https://teams.microsoft.com/dl/launcher/launcher.html?url=%2F\\_%23%2F%2Fmeetup-join%2F19%3Ameeting\\_QTVhZWJiNzAtYjYwQ5ZC00NTdlLTlhM2ltNjMyNzkwZiYyNDNm%40thread\\_v2%2F0%3Fcontext%3D%2527b%2522Tid%2522%253a%252237c354b2-65b0-47f5-b222-07b48d774e3%2522%252c%2522Oid%2522%253a%2522a6f9d8a4-370d-4276-8110-44e66a9f3d59%2522%257d%26anon%3Dtrue&type=meetup-join&deplinkid=27e21ef3-fbb3-47df-96d8-04dc37b61d4f&directDl=true&mslaunchn=true&enableMobilePage=true&suppressPrompt=true](https://teams.microsoft.com/dl/launcher/launcher.html?url=%2F_%23%2F%2Fmeetup-join%2F19%3Ameeting_QTVhZWJiNzAtYjYwQ5ZC00NTdlLTlhM2ltNjMyNzkwZiYyNDNm%40thread_v2%2F0%3Fcontext%3D%2527b%2522Tid%2522%253a%252237c354b2-65b0-47f5-b222-07b48d774e3%2522%252c%2522Oid%2522%253a%2522a6f9d8a4-370d-4276-8110-44e66a9f3d59%2522%257d%26anon%3Dtrue&type=meetup-join&deplinkid=27e21ef3-fbb3-47df-96d8-04dc37b61d4f&directDl=true&mslaunchn=true&enableMobilePage=true&suppressPrompt=true)

### End of Year Family Trip

Please keep **Thursday 11th July** free for a whole school family trip. We hope that all parents or carers can attend. At the moment the venue is Victoria Park as it is low cost and accessible for all.

### Nursery Application Deadline

If your child was born between 1 September 2020 and 31 August 2021 and you would like a nursery place for September 2024, you must apply online via the **admissions portal**.

### Application guidance

For guidance on completing an online application, please see Appendix B of the **Starting Nursery in Tower Hamlets 2024** brochure.

### Important dates

#### Summer term 2024

**Mon 6th May** Bank Holiday

**Tue 7th May 9:00 am** Meet

Shahnaz- our new SW

**Tue 7th May 12:30** THEWs Parent session

**Tue 7th May 2:00 pm** Parent Eid event- hal

**13th – 17th May** SATs week Y6

**13th – 17th May + 20th – 24th**

**May** Y5 Swimming at Britannia 10-11

**20th– 24th May** Gorsefield Yr 6

**Wed 22nd May** National Numeracy Day-LIVE Streaming

**Mon 27th May- Fri 31st May** half term holiday

**Fri 7 June 8:30am – 12:00pm**

Sports Day event Weavers Field

**Mon 17th June** school closed Eid Al-Adha

**Fri 28th June 2:00 – 4:00pm**

Summer fayre

**Tue 9th July 2024 1:30 – 4:30pm**

Open afternoon- handout reports

**Thur 11th July** Victoria Park Family Trip

**Thur 18th July 2024 2:00 – 3:00**

pm Yr 6 performance tbc

**Friday 19th July** school finishes 1:30

### Epping Forest Activities Half Term

See below for a poster with information.

Password Beech

### Drop Off Rec- KS2

Please can parents say goodbye in the Parents Room



**Coffee Morning** on Wednesdays 9-10 am in the Parents Rm all welcome

**Toy Library** Thursdays Hoyam and Dilara

**Felix Food Project** Friday 2:30-3:30 run by Yasmin, Hoyan, Muna. We are very grateful for the time and energy that our parent volunteers offer the school.

### Uniform

Please check the website and ensure that your child is dressed in the correct uniform and PE kit.

<http://www.williamdavis.org.uk/uniform.html>

### Online Safety

Keeping children safe online is our joint responsibility. Make sure that you have parental controls in place; and that you know the sites and Apps that your children use. Check the school's online safety policy on the website. [Safeguarding and Child Protection - WILLIAM DAVIS PRIMARY SCHOOL](#)

### Sweets and Snacks

Please can I ask parents to help us promote healthy eating habits. If you want your children to have a snack at home time - **bring some fruit or a bagel**. Please avoid sweets, crisp etc that are high in sugar and fat. Please encourage water or milk.

### Reading for Pleasure

Are you a member at the Whitechapel Ideas Store? Why not join this weekend and be a regular visitor to borrow books for you and your children.

Check out the website: [Idea Store Whitechapel](#)

### WD Wrap Around Care

Wrap Around Care ( childcare) is available for all children. Contact Bhumi or Ridhwan on the admin email if you want to book sessions. All information is on the website:

[William Davis' Wraparound Care](#)

### Nursery Aged Children

Please see office staff if you haven't registered your three year olds yet for Nursery

### Tower Hamlet Education Wellbeing Service

We have a THEW's worker, Imogen, who will meet and work with parents and with groups of children. Please see Annika if you have concerns about your child's **behaviour** or **anxiety**.

### BBC Live Stream Event

National Numeracy have asked **William Davis School** to host the **BBC live streamed National Numeracy Day** event on May 22nd.

It is likely to be children in Yr 3-5 who are invited to participate. Letters will go out nearer to the time to confirm which children will be involved. Parents will be able to opt out if they don't want their child to be filmed.

### Is My Child Too Ill for School?

Please refer to these NHS guidelines when thinking about whether your child can go to school.

We need to reduce unnecessary absences from school.

[Is my child too ill for school? - NHS](#)

### Families can collect community cupboard items from the following Children & Family Centres in the North West Locality.

Meath Gardens - 1 Smart Street, Bethnal Green, London, E2 0SN

Tel: 020 7364 0349

Mowlem - Wadson Street, Cambridge Heath, London, E2 9DL

Tel: 020 7364 7935

Collingwood - Buckhurst Street, London, E1 5QT

Tel: 020 7364 0539

### Birthday Celebrations

Although we have stopped our custom of parents sharing birthday sweets in the playground at hometime, please be reassured that we still sing and give children a sticker and pencil when they celebrate their birthday.

### Physical Activity Guidelines for under 5s

See the poster below for guidelines on how to keep your under 5s healthy and fit.

### Cost of Living Crisis

Please have a look at this website for information on how Tower Hamlets plans to support families affected by the cost of living crisis.

[Cost of Living package worth nearly £6million.](#)

### Magic Breakfast

Children are welcome to come into school for breakfast on a daily basis. Staff prepare toasted bagels or cereal and milk. Children must be in between 8:00 and 8:30 to be served breakfast.

### Extended Leave Gentle Reminder

Parents should not book holidays during term time. Holidays should be booked during the school holiday to limit missed education. If you want to discuss extended leave this must be done with the headteacher once the Extended Leave form has been completed. Extended leave should be for emergencies only. Please note that **Ofsted** is taking a careful look at **school attendance** as it has dropped significantly after Covid at a local & national level. It's really important that we work together to ensure attendance is at least 96% across the school.

### CHARGES

#### Reminders:

In order to replace books lost at home we will charge £5 for lost books.

EYFS parents will be charged £3 / term for perishable items.

## Competition

### Plant-based Recipe Competition – October 2024 menu

The Healthy Lives Team are running another recipe competition; this time for the new school lunch menu in October 2024. It is an exciting opportunity to promote school food to your pupils. We are asking primary school pupils to design a **healthy plant-based meal** for the London Borough of Tower Hamlets school menu. The meal will then be prepared and served as part of the borough's school lunch menu in October 2024.

Pupils are encouraged to create a meal of their own design; this could be a cultural meal or their favourite healthy meal. Exact recipe quantities are not needed, just an outline recipe of a meal they would really enjoy, as long as it is plant-based, and the professional chefs will turn the winning entry into a reality! This is a great piece of work to complete as a class, in an after school club or over a weekend. **DEADLINE May 17th**



## Building Confidence and Managing Anxiety in Your Child

An online workshop delivered by Tower Hamlets Educational Wellbeing Service (THEWS).



Focuses on the psychoeducation of anxiety & strategies to support parents manage their children's anxieties.



**DATE:** 7<sup>th</sup> May 2024

**TIME:** 12:30 – 13:30

Click the link below to join the session.

[https://teams.microsoft.com/join/19%3ameeting\\_OTVhZWJINzAtYWQ5ZC00NTdlLTlhM2ItNjMyNzkwZjYyNDNm%40thread.v2/0?context=%7b%22Tid%22%3a%2237c354b2-85b0-47f5-b222-07b48d774ee3%22%2c%22Oid%22%3a%22a6f9d8a4-370d-4276-8110-44e66a9f3d59%22%7d](https://teams.microsoft.com/join/19%3ameeting_OTVhZWJINzAtYWQ5ZC00NTdlLTlhM2ItNjMyNzkwZjYyNDNm%40thread.v2/0?context=%7b%22Tid%22%3a%2237c354b2-85b0-47f5-b222-07b48d774ee3%22%2c%22Oid%22%3a%22a6f9d8a4-370d-4276-8110-44e66a9f3d59%22%7d)





## Growing Wild Epping Forest

Join us in the woods for fun and adventure with your tribe!

Set up a camp together among the trees and join in with some great family activities designed to build outdoor confidence and help you explore deeper into Epping forest!



**Tower Hamlets  
Families:  
26th May**

Places are free but very limited, please register ASAP:  
<https://qrco.de/beyLIM>

**Two sessions:  
10.30am - 12.30pm  
1.30pm - 3.30pm**

**Booking  
QR Code**



SCAN ME

**Join our  
mailing list**



SCAN ME



## Physical activity for early years (birth – 5 years)

Active children are healthy, happy,  
school ready and sleep better



### Every movement counts

Aim for at least **180** Minutes per day for children 1-5 years

<b>Under-1s</b> at least 30 minutes across the day	OBJECT PLAY	DANCE	GAMES	PLAY
	TUMMY TIME	SWIM	WALK	SCOOT

PLAYGROUND	JUMP	CLIMB
MESSY PLAY	THROW/CATCH	SKIP
BIKE		

**Get Strong. Move More. Break up inactivity**

UK Chief Medical Officers' Physical Activity Guidelines, 2019

## Do you have a child aged 3-11 and live in Tower Hamlets?

Take part in our online children's food survey!

### What will I have to do?

Keep a record of all the food and drink your child has eaten in a day. This will be done online, on 4 different days, and takes about 15 minutes

### Why should I take part?

**£15** Gift voucher for completing your child's food diaries, and feedback on your child's diet.



Scan for more info or visit <https://bit.ly/4b9Q6ot>



Any questions? Email Sonia Pombo [s.pombo@qmul.ac.uk](mailto:s.pombo@qmul.ac.uk)